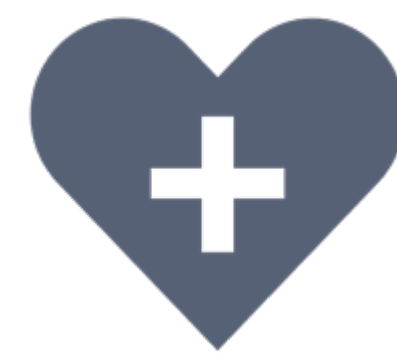




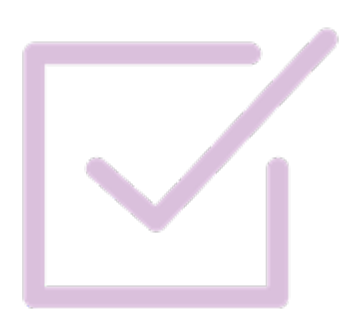
## 3 Study Hacks to Conquer Your NP Exam



I know- taking your NP Exam is a HUGE deal that comes with MASSIVE amounts of stress. When I was preparing for my exams (I took both the ANCC and AANP), there were many low days that I thought I wouldn't pass. But, I stayed focused on my studies and reducing my anxiety, and before I knew it, I passed both of my exams!

Since then, I have helped thousands of other NP students pass their ANCC and AANP with a 98% pass rate, and I want to help you do the same!

# Here are my favorite tips to help you head into your exams with confidence!



## 1. Don't get lost in rumors and misconceptions about the exam!

If taking a life-defining test wasn't stressful enough, the powers that be had to go and make two separate tests that equally qualify you to be a nurse practitioner. Trying to figure out which test is best for you can throw you down a rabbit hole of internet research that usually leaves you with more questions than answers.

Here is what I suggest- **THROW OUT EVERYTHING YOU HAVE HEARD OR READ ABOUT BOTH EXAMS!**

I did a YouTube video on [AANP vs. ANCC](#) that breaks down the updates to each exam, the facts, and common misconceptions about them. I recommend giving this a watch even if you have already decided which exam you are going to take. I cover everything you need to start studying smarter, so you can get the grade you deserve. To do this, I recommend looking at your test's question breakdown, reading their exam resource list, and taking into account the test's overall formatting. Follow these steps, and you will be in the best position to meet your goal and become a nurse practitioner!







## 2. Take as many practice questions as you possibly can!

I can't stress this enough - practice questions are invaluable to exam success! Going over practice questions gives you exposure to a wide variety of material and how it may be addressed on the exam. And the best part is, on top of helping you learn the content, each time you get a question correct - it's a mini confidence booster (and let's be honest, feeling confident is half the battle)!

The bottom line is, if you do tons of practice questions, I can almost guarantee you will see a similar subject on your exam. Plus, practice questions allow you to implement those test-taking strategies that will be so important on your actual exam day. So, take these questions seriously, time yourself, use the elimination process, and circle back to questions that leave you unsure. Once you take enough of these, you'll have a tangible score to help you honestly judge your preparedness. You'll also notice what subjects you are missing and know what topics you should spend time reviewing.

Additionally, if there seems to be a specific area in which you are frequently missing practice questions, join my [Facebook Community](#), where you can talk with me and thousands of current NP students who are on the same journey as you. Ask others for their tips on the types of questions that have you stumped, and help others in areas where you're excelling. The best thing about Sarah Michelle NP Reviews is our supportive community. *We all want to see you pass!*





### 3. Work every day to build confidence and decrease anxiety.

If you prepare well for your exam, then you should do well. It's that simple! With that said, I know a massive piece of exam preparation is learning how to manage exam day anxiety!

**My best advice for decreasing anxiety is to prep as much as possible.** Go through my review courses, quiz yourself daily, and practice with other nurse practitioner students until you feel prepared. Additionally, all of my review courses now come with tips and tricks for studying smarter so that you can enter your exam with confidence!

**Next, have a game plan!** Test anxiety is real, and you need to go into your exam with an action strategy of how you will deal with difficult questions. That's why when you sign up for one of my courses, you receive more than study materials. You'll also gain access to a video specifically designed to help you manage your stress and anxiety throughout test day. My test anxiety was *INTENSE*, and I want to help you feel as calm and collected as possible so that you can get the grade you deserve.





# Go from panicked to prepped — to passed — here's how.

My comprehensive courses, engaged online community, and test-anxiety advice have helped thousands of students pass their exams! I am confident if you commit, you'll find success as well!

If you are ready for an NP review course and community that will give you the information you need, help curb your anxiety, and cheer you on when you share your passing grade, sign up for a Sarah Michelle NP Review Course today!

## **STEP 1: PURCHASE YOUR COURSE**

Cut through the fluff. My courses give you the information you truly need to succeed on your AANP or ANCC board exams.

Feeling extra stressed? Each course includes tips on how to combat your test anxiety!

## **STEP 2: WORK AT YOUR OWN PACE**

Study your way — take the time you need and focus on the topics where you need the most in-depth review.

And take advantage of our Facebook community, full of fellow students, to support you every step of the way!

## **STEP 3: NAIL YOUR EXAM**

Your hard work and dedication paid off — you're officially a certified nurse practitioner! Congratulations!

You're now ready to provide patient care at the next level. I can't wait to hear where you go next in your healthcare journey!

